



Jump Rope for Heart | Win the Ultimate JRFH Experience 2026

Full Terms and Conditions

This promotion is in no way sponsored, endorsed, administered by or associated with Facebook, Twitter or Instagram. You are providing your information to the National Heart Foundation of Australia ABN 98 008 419 761 (Heart Foundation) and not to Facebook, Twitter or Instagram. By participating in this promotion, you agree to a complete release of Facebook, Twitter and Instagram from any claims. Participation in this promotion is subject to the Jump Rope for Heart Win the Ultimate JRFH Experience 2026 Details of Participation.

Details of Participation

Competition is open to staff at Australian metro primary schools aged 18 years or over who register their school to participate in Jump Rope for Heart 2026 between Monday 26 January 2026 and before 11.59pm AEDT Friday 17 April 2026.

Competition commences on Monday 26 January 2026 and entries close at 11.59pm AEDT on Friday 17 April 2026.

Entries not received by that time and date or not completed in accordance with the Details of Participation will not be eligible to win.

Who can enter:

You must be an Australian resident working at an Australian School located within the capital city metro area, aged 18 years or older and have registered your school to participate in Jump Rope for Heart 2026.

Employees and volunteers of the Heart Foundation, and their immediate family members, are not eligible to enter the competition.

How to apply:

Register your school for Jump Rope for Heart 2026 by completing the online registration form before 11.59pm AEDT Friday 17 April 2026 to be automatically entered into the draw. To be a valid entry, a school staff member must complete the entire registration process including the number of students taking part and the start and end dates for their program.

Only one entry per school is permitted.

Prize:

The winning school will receive a Jump Off day experience run by the JRFH team (2 staff members) with special guests Luke Boon, local Heart Foundation General Manager and the Heart Foundation mascot (subject to availability).

The ultimate JRFH experience visit to the school will be dependent on availability and will be arranged with the school once the winner is announced. Time and date of the visit will be agreed upon based on availability of all parties and agreed suitable times during the school terms in 2026.

The prize is not transferable or redeemable in cash unless otherwise indicated.

Prize Draws

The odds of winning are based on the actual number of entries received.

Neither the promoter nor any of their agencies are responsible for lost, late, misdirected, incomplete or ineligible entries.

The Heart Foundation's decision is final, and no correspondence will be entered into.

The prize is guaranteed to be given away by random drawing from all methods of entry of this contest.

All prize draws and redraws will take place at Level 3, 80 William St, East Sydney NSW 2011.

The prize draw will take place on Monday 20 April 2026 at 12pm AEDT.

If a prize is not claimed within 3 months of the draw date, a redraw will be conducted on Friday 17 July 2026 at the same time and location.

Notification

The winning school will be notified by phone or email where possible. The winners name will be published on <https://www.jump rope.org.au/competitions> by Monday 20 April 2026.

Privacy Statement

Your Personal Information is being or has been collected by the National Heart Foundation of Australia ABN 98 008 419 761 (Heart Foundation, we, us, our) to facilitate services requested by you and /or to keep you informed about Heart Foundation related activities. We respect your privacy and embrace the principles contained in the Privacy Act. We may contact you in the future for the promotion of heart health messages and programs, research, fundraising purposes, and invitations to events. If you attend our events, you may be photographed or filmed and images &/or audio may be used in various mediums to promote the Heart Foundation. Please tell event staff if you do not wish to be photographed or filmed. Personal details may be provided to third parties where required by law or for the purpose of facilitating services contracted by us, in so doing your personal information may be disclosed to overseas recipients. Further information is available in our Privacy Notice or on request. Communications from us may include mail, email, social media, SMS, or telephone contact and may also include messages on behalf of event sponsors and other third parties. By providing your information to us you agree that you have provided your indefinite consent to this contract. You may

withdraw your consent at any time though in doing so we may not be able to provide you with the services requested. The Heart Foundation will not disclose your information to any third party for their marketing purposes.

If you do not want to receive further communication from us (other than information that relates to this service) or if you have any questions about privacy, please contact our Privacy Officer via GPO Box 9966 in your capital city, privacy@heartfoundation.org.au or by calling 13 11 12. Our APP privacy policy is set out in our Privacy Notice and details how you may complain about privacy issues and how we would deal with that complaint. It also explains how you can access, correct, or update information we hold about you. A copy of our Privacy Notice is available at www.heartfoundation.org.au or on request. [HFPS01-190107-F]

The promoter is National Heart Foundation of Australia ABN 98 008 419 761 of Level 2, 850 Collins Street, Docklands Vic 3008.